

How getting a cochlear implant can enhance one's overall quality of life

Maya, a congenital hearing-impaired child, used hearing aids since the age of two. The world of sound was a distant, elusive place. She communicated with the help of hearing aids and training, but at the age of 10, her world suddenly came crashing down when she lost her hearing again. The vibrant classroom buzzed with excitement. Children chattered, laughter filled the air and the teacher's voice bounced off the walls. But for Maya, the world felt strangely muted. She sat at the back, her fingers tracing the intricate patterns on her desk, a familiar loneliness settling over her. Hearing aids no longer helped her.



Rupal Chaudhary in a therapy session with a cochlear implant recipient

Audiologist Rupal Chaudhary (Director, The Hearing and Vertigo Clinic) says, "Maya underwent a Cochlear Implant Candidacy Evaluation by an audiologist. This led to significant improvements in speech understanding, especially in noisy environments. Improved communication including social interactions and education. A cochlear implant led to a noticeable improvement in her overall quality of life by enhancing her ability to

participate in daily activities and social situations. World Hearing Day (March 3) was a sweet day of celebration for Maya. Her life once again changed completely and she felt a sense of belonging, a connection to a community as she experienced the world through sound." As Maya walked home that evening, a newfound sense of confidence filled her. The world was quiet temporarily, but certainly not a silent

Free screening camps will be organised for those interested in getting cochlear implants

- Fridays (March 7, 14, 21 and 28) 3 pm to 7 pm
- Saturdays (March 8, 15, 22 and 29) 10 am to 1 pm

Enroll for free pre-registration by appointment only

one now. She had found her voice, a vibrant language. "World Hearing Day celebrates the unique experiences and strengths of the hearing-impaired community. Hearing impaired children face numerous challenges in a hearing world, which is why it is important to create inclusive environments where these kids can thrive when they feel hearing impairment is no more a disability," shares Rupal.

Where: The Hearing and Vertigo Clinic, Shop No. 6, Abdul Kodar Building, Opposite Portuguese Church, Doodar (W).
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'New-age moms are well-informed, but need personalised care'

In today's fast-paced world, medical advancements redefine healthcare, yet compassionate care remains irreplaceable. Consultant obstetrician, gynaecologist and fertility specialist Dr Aditi Bhalla Popphale (MBBS, MS OBGY, Seth GS Medical College, Fellowship in IVE, Dip in Advanced Endoscopy (France), Dip in Cosmetic Gynaecology) says, "As a gynaecologist, my mission extends beyond treatments — it is about ensuring every woman feels heard, valued and empowered. From adolescence to menopause, each stage deserves expertise blended with empathy."

Motherhood today comes with evolving challenges — stress, delayed pregnancies and work-life balance. She adds, "New-age moms are well-informed, but

need personalised care. Pregnancy is not just about foetal well-being, a woman's mental, emotional and physical health matter equally. A trust-based doctor-patient relationship ensures a fulfilling journey into motherhood. Women deserve awareness and autonomy in their healthcare decisions. Regular screenings, early detection and preventive care ensure healthier futures. Knowledge empowers women to make informed choices about contraception, PCOS and menopause."

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Bridging science with sensitivity

Dr Aditi shares, "Advanced medical technology improves pregnancy outcomes, but true care goes beyond reports. Emotional support, fertility counselling and patient-centric approaches make a difference. Infertility treatments must integrate medical excellence with compassion, so no woman feels alone. I believe blending technology with compassionate care will define the future



Dr Aditi Bhalla Popphale